



# Goulbourn Lanark Soccer League 2024 League Rule Summary

Updated May 2024

| Age Division                                                                                                 | U10    | U12        | U14    | U18B/G               |
|--------------------------------------------------------------------------------------------------------------|--------|------------|--------|----------------------|
| <b>Ball Size</b>                                                                                             | 4      | 4          | 5      | 5                    |
| <b>Offside (Note 1)</b>                                                                                      | No     | Yes        | Yes    | Yes                  |
| <b>Field Size Type (Note 2)</b>                                                                              | Mini   | Super Mini | Full   | B:Super Mini/G: Full |
| <b>Length of Halves</b>                                                                                      | 25 min | 35 min     | 40 min | 45 min               |
| <b>Minimum Players on Field</b>                                                                              | 5      | 5          | 7      | 5/7                  |
| <b>Maximum Players on Field</b>                                                                              | 7      | 9          | 11     | 7/11                 |
| <b>Maximum Players on Game sheet (Note 3)</b>                                                                | 12     | 16         | 25     | 25                   |
| <b>Distance from Ball on Restarts (in yards)</b>                                                             | 6      | 6          | 6      | 6                    |
| <b>Substitution at Request of Attacking Team on:<br/>Kick-In / Throw-In / Corner Kick</b>                    | Yes    | Yes        | Yes    | Yes                  |
| <b>Substitution at Request of Either Team on:<br/>Goal Kick / After Goal Scored / Replace Injured Player</b> | Yes    | Yes        | Yes    | Yes                  |
| <b>Retreat Line (Note 4)</b>                                                                                 | Yes    | Yes        | No     | No                   |

**Note 1:** Where offside is not enforced, **cherry-picking will be sanctioned** as a technical infringement.

**Note 2:** A traditional 7v7 field is described as **Mini** and a traditional 9v9 field is described as **Super Mini or Mid**.

**Note 3:** Recommended maximum roster size.

**Note 4:** Where the retreat line is enforced, it will be at **one-third** unless otherwise marked on the field.