



Goulbourn Lanark Soccer League 2026 League Rule Summary

Updated May 2026

Age Division	U9	U11	U13	U15	U18
Format (See note 8 for U15/U18)	5 v 5	7 v 7	9 v 9	11 v 11 – Girls 9 v 9 - Boys	11 v 11 – Girls 9 v 9 - Boys
Ball Size	4	4	5	5	5
Offside (Note 1)	NO	NO	YES	YES	YES
Field Size Type (Note 2)	½ MINI	MINI	SUPER MINI	FULL	FULL
Length of Halves	20 MIN	25 MIN	40 MIN	45 MIN	45 MIN
Minimum Players on Field	4	5	5	7	7
Maximum Players on Field	5	7	9	11	11
Maximum Players on Game Sheet (Note 3)	12	14	18	25	25
Distance from Ball on Restarts (in yards)	6	6	10	10	10
Substitution: anyone can sub on a kick off (after a goal) goal kicks.	YES	YES	YES	YES	YES
Substitution at Request of Attacking Team on: If the attacking team request a sub on a throw in/kick in, the defending team can also sub	YES	YES	YES	YES	YES
Substitution of injured player: Replacing an injured player is allowed does not matter if they are attacking or defending. If not being replaced they need to leave the field and waved back in after play has started. See note 5	YES	YES	YES	YES	YES
Substitution on corner kick: at request of the attacking team.	YES	YES	YES	YES	NO
Retreat Line (Note 4)	YES	YES	NO	NO	NO
8 second rule for Goalkeepers (Note 6)	NO	NO	YES	YES	YES
Modified Corner Kick (Note 7)	YES	NO	NO	NO	NO

Note 1: Where offside is not enforced, cherry-picking will be sanctioned as a technical infringement.

Note 2: A traditional 7v7 field is described as Mini and a traditional 9v9 field is described as Super Mini or Mid.

Note 3: Recommended maximum roster size.

Note 4: The retreat line is **at half for U9** and at **one-third for U11**.

Note 5: **U9 can substitute on any stoppage in play.**

Note 6: U13 warning first offence, then corner kick; U15/18 – corner kick NO warning.

Note 7: U9 only used modified corner “kick”, 5 yds up sideline from the corner flag, player can choose to either dribble the ball in or pass to a teammate.

Note 8: U18 boys play 9 v 9 on full field; U15 boys play 9 v 9 or 11 v 11, depending on # of players.